

Update and Guidelines for the NIH AHA Training Center.

Please be prepared to bring your own mask, gloves, wipes, to the training center during the COVID-19 outbreak.

Objective: To provide guidance for the NIH AHA Training Center using safe and precautionary steps to minimize the spread of COVID-19. These guidelines are subject to change as updated information from federal and local governments becomes available.

Notes: These are the recommended changes to the current classroom training at the NIH AHA Training Center.

Classroom:

- The classroom seating arrangement will be spaced to allow 6ft between students when seated and during practical application training.
- Students and instructors are expected to maintain social distancing guidelines throughout the entire training session.

Class size:

- Maximum number of 8 students for each training sessions. Each student will have their own adult and infant manikin, CPR pocket mask with valve, and BVM supplied by instructors. (This applies to the BLS classes)

Training equipment:

- The training equipment will be cleaned before and after every class by the instructors

Students:

- Students will not share manikins for any portion of the course or skills, including no pairing up to do 2-rescuer skills on adults or infants.
- Students are required to wash their hands before the training class begins and may wear gloves if they choose. The training class will not provide them.
- It is recommended that students bring and use hand sanitizer.
- Students must wear masks or face coverings – provided by them and donned prior to class. Students without masks or face coverings may not participate in class.

Instructors:

- Instructors will have the option to wear gloves but masks or face coverings for the entire course.
- Instructors will assure that all manikins and training equipment is properly sanitized prior to class and then after class.

- Instructors will demonstrate all skills and perform “remediation” on their own manikins, not joining the students on their manikins.
- Instructors will not touch students to correct form or suggest alternate techniques.

Notes: We understand that cleaning supplies are limited and, in the future, should become more available to everyone. We recommend that you bring your cleaning supplies until such time these supplies become more readily available. If you have any questions, please contact the Training Center Coordinator (TCC) Mike Dunn at (301) 451-3294 or email dunnm2@mail.nih.gov